

Ultra Endodontics Oral Anxiolysis (Conscious Sedation) Consent Form

Instructions For Patients

You have elected to have oral anxiolysis (also referred to as conscious sedation) for your Endodontics procedure. You have been recommended to take a benzodiazepine such as halcion (triazolam) which is often used to make patients comfortable for short medical procedures. The medication that you will take will make you less apprehensive and sleepy. Drowsiness, sleepiness, or dizziness are the most commonly reported side effects with this drug class. You will not be unconscious at any time during the procedure. Local anesthetics will still be used to control pain in your mouth. As a result of the drug that you will be taking, certain precautions must be observed.

1. Advise us of any medications or pills you are taking or any changes in your health. Do not take any medications without our knowledge and approval.
2. You may eat a light meal prior and drink your normal amount of fluids prior to the procedure. No alcoholic beverages should be consumed 24 hours prior to or after taking the prescribed medication for the procedure.
3. FEMALES: If there is any possibility of pregnancy, or if you are trying to become pregnant, a pregnancy test should be completed within 24 hours of your appointment.
4. Wear loose, comfortable clothing with sleeves that can be easily drawn up above your wrist to allow for placement of the monitoring equipment. Do not wear nail polish or artificial nails for the same reason.
5. You **MUST** be accompanied by an adult who can drive you to your appointment and arrange for responsible supervision for several hours after your surgery. You will not be allowed to drive or take public transportation. **THE ESCORT MUST BE PRESENT AT DROP OFF IN THE CLINIC PRIOR TO THE PROCEDURE AND BE ABLE TO TRANSPORT YOU HOME IMMEDIATELY AFTER YOUR PROCEDURE.**
6. Full mental alertness will not return for several hours, and you should limit activities that require your full concentration. You will not be able to:
 - Drive or operate machinery or perform other hazardous tasks
 - Undertake business matters
 - Drink Alcoholic beverages
7. As we do not dispense medication in the office, we will send the Rx. to your pharmacy of choice. We ask that you pick-up the medication and take it 1 hour before the scheduled procedure.
8. Oral Benzodiazepines can often cause drug-induced amnesia. Drug-induced memory loss is typically anterograde, the inability to create new memories for a period of time beginning soon after drug introduction. Memory loss effects are generally transient and limited to short-term memory. For this reason, we recommend calling us the day after your appointment to review your treatment and discharge instructions.

I have read, understand, and will comply with these instructions that have been furnished to me.

Patient signature

Date